

Commencing: 1st Nov, 22nd Nov, 13th Dec, 17th Jan, 7th Feb, 7th March, 28th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beefburger in a Bun with Baked Wedges and Mixed Vegetables (G) (W) (SE)	BBQ Chicken Wrap served with Herby Diced Potatoes and Fresh Salad	Pasta Bolognese served with Mixed Vegetables and Chunky Bread (G) (W)	Farm Assured Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans *Salmon Fish Fingers Available (G) (W) (F)
Pasta and Jackets	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit (G) (W)	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit (G) (W)	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit (G) (W) (B)	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit



Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter



Commencing: 8th Nov, 29th Nov, 3rd Jan, 24th Jan, 21st Feb, 14th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hand Made Dairy Free Pizza served with Herby Diced Potatoes and Coleslaw	Butchers Sausages served Mashed Potatoes Seasonal Vegetables and Rich Gravy	Sticky Texan Chicken served with Golden Vegetable Rice and Pitta Slice	Roast Loin of Pork with Stuffing, Roast Potatoes, Seasonal Vegetables and Gravy	Crispy Fish Fillet served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SO) (E)	(G) (W) (SU) (SO)	(G) (W) (B) (C) (SO)	(G) (W)	(G) (W) (F)
Pasta and Jackets	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit
	(G) (W)		(G) (W)	(G) (W) (B)	



Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter



Commencing: 15th Nov, 6th Dec, 10th Jan, 31st Jan, 28th Feb, 21st March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hot Dog in a Roll served with Potato Wedges, Baked Beans and Tomato Ketchup	Mild Chicken Curry with Fluffy Rice and Pitta Slice	Pasta Bolognese served with Fresh Mixed Vegetables and Pitta Bread	Farm Assured Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
Pasta and Jackets	(G) (W) (SU) (SO) (SE) Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	(G) (W) Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	(G) (W) Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W)	(G) (W) (F) Jacket Potato with Dairy Free Cheese and Beans served with Fresh Salad
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit (G) (W)	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit (G) (W)	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit (G) (W) (B)	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit



Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter