

### 1st Nov, 22nd Nov, 13th Dec, 17th Jan, 7th Feb, 7th March, 28th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beefburger in a Bun with Baked Wedges and Mixed Vegetables	BBQ Chicken Wrap served with Herby Diced Potatoes and Fresh Salad	Pasta Bolognese served with Mixed Vegetables and Chunky Bread	Farm Assured Roast Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans
	(G) (W) (SE)	(G) (W) (B) (SO) (C)	(G) (W)		*Salmon Fish Fingers Available (G) (W) (F)
Pasta and Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit
	Fruit Yogurt & Coulis  (G) (W) (MK)	Fruit Yogurt & Coulis (MK)	Fruit Yogurt & Coulis (G) (W) (MK)	Fruit Yogurt & Coulis (G) (W) (B) (MK)	Fruit Yogurt & Coulis (MK)



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter



### Commencing: 8th Nov, 29th Nov, 3rd Jan, 24th Jan, 21st Feb, 14th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hand Made Pepperoni Pizza served with Herby Diced Potatoes	Butchers Sausages served with Mashed Potatoes, Seasonal Vegetables and Rich Gravy	Sticky Texan Chicken served with Golden Vegetable Rice and Pitta Slice	Roast Loin of Pork with Stuffing, Roast Potatoes, Seasonal Vegetables and Gravy	Crispy Fish Fillet served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SO) (MK)	(G) (W) (SU)(MK)(SO)	(G) (W) (B) (C) (SO)	(G) (W)	(G) (W) (F)
Pasta and Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread (G) (W) (MK)	Jacket Potato with Cheese and Beans served with Fresh Salad (MK)
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit Fruit Yogurt & Coulis
	(G) (W) (MK)	(MK)	(G) (W) (MK)	(G) (W) (B) (MK)	(MK)



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter



### Commencing: 15th Nov, 6th Dec, 10th Jan, 31st Jan, 28th Feb, 21st March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Dog in a Roll	Mild and Creamy	Pasta Bolognese	Farm Assured Roast	Cod Fish Fingers
Main Meal	served with Potato Wedges, Baked Beans and Tomato Ketchup	Chicken Curry with Fluffy Rice and Pitta Slice	served with Fresh Mixed Vegetables and Garlic Bread	Chicken with Roast Potatoes, Seasonal Vegetables and Gravy	served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (SU) (SO) (SE)	(G) (W) (MK)	(G) (W) (MK) (SO)		(G) (W) (F)
Pasta and Jackets	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Fresh Bread	Jacket Potato with Cheese and Beans served with Fresh Salad
	(MK)	(G) (W) (MK)	(MK)	(G) (W) (MK)	(MK)
Desserts	Choose One of Our Fabulous Deserts Shortbread Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Jelly with Fruit Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Chocolate Shortbread Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Fruit Flapjack Fresh Fruit Fruit Yogurt & Coulis	Choose One of Our Fabulous Deserts Fruity Rocket Lolly Fresh Fruit Fruit Yogurt & Coulis
	(G) (W) (MK)	(MK)	(G) (W) (MK)	(G) (W) (B) (MK)	(MK)



# Available every day:

A selection of fresh vegetables and tasty salad

Fresh fruit platter