

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Beefburger in a GF
Bun with Baked
Wedges and
Mixed Vegetables

(E)

Seasoned Chicken
served with Baked
Potato Wedges and
Fresh Salad

Beef Bolognese
served with GF Penne
Pasta and Mixed
Vegetables

(MK) (L) (SO)

Farm Assured Roast
Chicken with
Potatoes, Seasonal
Vegetables and Gravy

GF Crispy Fish Fillet
served with Chips,
Garden Peas and
Baked Beans

(F)

GF Pasta & Jackets

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

(MK) (L) (SO)

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

(MK) (L) (SO)

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

Desserts

Choose One of Our
Fabulous Deserts
GF Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
Jelly with Fruit
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
GF Choc Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
GF Cake
Fruit Yogurt & Coulis
Fresh Fruit

(E) (MK)

Choose One of Our
Fabulous Deserts
Fruity Rocket Lolly
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Available every day:



GLUTEN FREE

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter

If you have any special dietary requirements please speak to our kitchen manager who will be happy to help

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Hand Made GF
Pepperoni Pizza
served with Baked
Potato Wedges
and Coleslaw

(SO) (MK) (E)

GF Sausages served
with Mashed Potatoes,
Seasonal Vegetables
and Rich Gravy

(SU) (MK) (SO)

Chicken served with
Golden Vegetable Rice
and Sweetcorn

Roast Loin of Pork
Roast Potatoes,
Seasonal Vegetables
and Gravy

GP Fish served with
Chips, Garden Peas
and Baked Beans

(F)

GF Pasta & Jackets

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

(MK) (L) (SO)

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

(MK) (L) (SO)

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

Desserts

Choose One of Our
Fabulous Deserts
GF Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
Jelly with Fruit
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
GF Choc Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

Choose One of Our
Fabulous Deserts
GF Cake
Fruit Yogurt & Coulis
Fresh Fruit

(E) (MK)

Choose One of Our
Fabulous Deserts
GF Cookie
Fruit Yogurt & Coulis
Fresh Fruit

(W) (MK)

Available every day:

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter



GLUTEN FREE

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Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Sliced Ham served
with Baked Potato
Wedges, Baked Beans
and Tomato Ketchup

Mild Chicken Curry
served with Fluffy
Rice

GF Pasta Bolognese
served with Fresh
Mixed Vegetables

Farm Assured Roast
Chicken with Roast
Potatoes, Seasonal
Vegetables and Gravy

GF Fish served with
Chips, Garden Peas
and Baked Beans

(MK)

(MK) (L) (SO)

(F)

GF Pasta & Jackets

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

GF Pasta Twists with
Homemade Tomato
and Vegetable Sauce
served with Fresh
Salad

Jacket Potato with
Choice of Toppings
served with Fresh
Salad

(MK) (F) (E)

(MK) (L) (SO)

(MK) (F) (E)

(MK) (L) (SO)

(MK) (F) (E)

Desserts

Choose One of Our
Fabulous Deserts
GF Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

Choose One of Our
Fabulous Deserts
Jelly with Fruit
Fruit Yogurt & Coulis
Fresh Fruit

Choose One of Our
Fabulous Deserts
GF Choc Shortbread
Fruit Yogurt & Coulis
Fresh Fruit

Choose One of Our
Fabulous Deserts
GF Cake
Fruit Yogurt & Coulis
Fresh Fruit

Choose One of Our
Fabulous Deserts
Tuti Fruity Jelly
Fruit Yogurt & Coulis
Fresh Fruit

(MK)

(MK)

(MK)

(E) (MK)

(E) (MK)

Available every day:

A selection of **fresh** vegetables and **tasty** salad

Fresh fruit platter



GLUTEN FREE

If you have any special dietary requirements please speak to our kitchen manager who will be happy to help