



St Matthew's Primary School

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Head Teacher: Tony Davies

7.11.16

Dear Parents / Carers,

SPORTS UPDATE

Silver Kitemark Award for School Games

St. Matthew's has once again been awarded the Silver Kitemark Award for School Games (for 2015-16). This award recognises our commitment to PE and Sport at St. Matthew's. It recognises the wide range of sporting clubs that we offer, the opportunities we offer, both within school and in inter school competitions and the high level of sports leadership opportunities provided. See the information below from the CSSP website:

<http://www.cambridgessp.com/schools-recognised-for-commitment-to-pe-and-sport/>

Sports Clubs at St.Matthew's

This term we are offering **17 different Sports clubs** for children across the school. During the Spring and Summer terms we will offer a range of different sports clubs. All of our clubs are now up and running.

Hopefully, your child is attending or will attend one or more of our clubs this year. Some of our clubs are run by school staff and others with other carefully chosen partners, including **Premier Sport, Kinnerz Sport, CG Sports** and **Stardust Dance Academy**. These close links with a small number of partners enables us to have coaches who know our school and children well.

The sports clubs we are offering this term:

Premier Sport Football/multi Sports (Y1-6), Change For Life Club (Y3/4 Invite only club), Striking Games Club (KS2), Strictly Come Dancing Club (KS1), Strictly Come Dancing Club (KS2), Tag Rugby (Y5/6), Invasion Games (Y4/5/6), Glee Club (KS2), Multi Sports Club (Y1 & 2), Netball Club (Y5/6), Pop Steps Dance (Y1/2), Pop Steps Dance (KS2), Boys Football Club (Y5/6), Netball Club (Y3/4), Badminton Club (Y5/6), Multi Skills (Reception) and Girls Football Club (KS2). (please see website for timetable of clubs)

Clubs offered later in school year: Athletics club (KS2), Zumba dance (KS1 & KS2), Girls Football club (Y5/6 lunchtime), Rounders club (Y5/6), Cheerleading (KS1 & KS2), Mini Red Tennis (Y3/4), Cricket (Y5/6), Short Tennis (Y1/2), Gymnastics (Y3/4), Balanceability (Rec/Y1), Tri-Golf (Y5/6), Archery (KS2), Cricket (Y3/4) and Quicksticks Hockey (Y5/6).

Fencing Taster Sessions

Our Year 5 and 6 children will be receiving FREE Fencing taster sessions, this week or next week (see separate letter). These will be provided by **Sarah Peverley, of Cambridge Fencing Club**. The children will be given information about joining the Cambridge Fencing club, which is based at the Parkside Federation campus in Trumpington.

Girls Football clubs at St.Matthew's

I have had several parents and children asking for information about girls football clubs offered at St. Matthew's. There will be a free club for girls in Year 5 & 6, which will run at lunchtimes next term (Spring 2017). This club is run by Mr. Collard & Mr. Wellington, and prepares the girls for the Parkside Federation girl's football tournament in April 2017. I will write with further information about this club early next term.

Kinnerz Soccer run our popular (year round) girls football club for girls in KS2. This takes place on a Friday after school. Details and costs can be obtained from Kinnerz Soccer: pj.kinnerz@ntlworld.com

Sports Noticeboard

If you haven't yet discovered our **sports noticeboard**, it is situated in the corridor outside our sports hall. It contains details of the current terms clubs, photographs of a range of clubs and reports and photos of our sporting successes this year.

Intra-class competitions

This year we will continue to have **termly intra-class competitions**, where the children in each year group have competitive matches/activities with the other classes in their year groups, at the end of a unit of PE. These have been very popular with the children and have given them a stepping stone into some of our clubs, teams and competitions against other schools.

Inter-School Competitions

Last year we had great sporting successes in some of the competitions we entered, through the **Cambridge School sports Partnership (CSSP)** and the **Parkside Federation events**.

This year we have already entered the following events and competitions:

CSSP/ School Games Level 2 Events: further details on all these events: <http://www.cambridgessp.com/>

Y3/4/5/6 CROSS COUNTRY	CSSP competition	28/11/16	at NETHERHALL
Primary ADAPTED MULTI SPORTS PLUS (SEND)	CSSP competition	25/1/17	at IMPINGTON VC
Y5/6 TAG RUGBY	School Games comp	23/2/17	at SHELFORD RC
Y5/6 QUICKSTICKS HOCKEY COMPLEX	School Games comp	9/3/17	at ABBEY
Y5/6 NETBALL (B)	High Fives Netball	25/4/17	at NETHERHALL
Y5/6 NETBALL (A)	High Fives Netball	28/3/17	at NETHERHALL
Y3/4 TENNIS	School Games Mini Red	18/5/17	at CAMBRIDGE LTC
Y3/4 KWIK CRICKET	CSSP Competition	15/6/17	at SAWSTON CC

Parkside Federation Events:

Y5/6 TAG RUGBY COMP	Parkside Federation	17/10/16	Runners Up
Y5/6 BOYS FOOTBALL Round 1	Parkside Federation	27/3/17	at COLERIDGE
Y5/6 BOYS FOOTBALL Round 2	Parkside Federation	24/4/17	at COLERIDGE
Y5/6 GIRLS FOOTBALL COMP	Parkside Federation	8/5/17	at COLERIDGE
Y5/6 BOYS FOOTBALL Finals	Parkside Federation	15/5/17	at COLERIDGE
Y3/4 QUICK STICKS HOCKEY	Parkside Federation	12/6/17	at COLERIDGE
Y5/6 ROUNDERS	Parkside Federation	26/6/17	at COLERIDGE
Y5/6 Cricket Festival	Cambridge Cricket Board	TBC	at PARKER'S PIECE

Your child will receive a letter if they are chosen to represent the school at these events.

Parkside Federation Sports Festivals

Each year group (Y1-5) will take part in one or more **Sports Festivals** this year, competing in events with other local schools, organised by Parkside Federation Sports Leaders.

<u>Year Group</u>	<u>Event</u>	<u>Who?</u>	<u>When?</u>	<u>Where?</u>
Year 1 classes	Tennis festival	Parkside Schools	June 2017 TBC	at Cambridge LTC
Year 2 classes	Autumn Multi Sports festival & Summer Multi Sports festival	Parkside Schools Parkside Schools	18/10/16 TBC	90 children attended at Parker's Piece
Year 3 classes	Autumn Multi Sports festival & Summer Multi Sports festival	Parkside Schools Parkside Schools	8/11/16 TBC	90 children attended at Parker's Piece
Year 4 classes	Autumn Multi Sports festival & Summer Multi Sports festival	Parkside Schools Parkside Schools	22/11/16 TBC	at Parker's Piece at Parker's Piece
Year 5 classes	Summer Multi Sports festival	Parkside Schools	TBC	at Parker's Piece

You will receive information about these festivals from class teachers.

High Level Coaching at St. Matthew's

This year many of our children will benefit from **high level Curriculum Sports** coaching from CSSP coaches:

<u>Year Group</u>	<u>Sport</u>	<u>Coach</u>	<u>When?</u>
Year 1	Multi sports	Steve Taylor	Spring Term 2017
Year 2	kwik Cricket	Steve Taylor	Spring Term 2017
Year 3	Tag Rugby	Harry	Autumn Term 2016
Year 4	Kwik Cricket	Steve Taylor	Spring Term 2017
Year 5	Football	Chris Germon	Autumn Term 2016
Year 6	Multi Sports	Parkside Federation Leadership Students	Summer 2017

Community Club links

We have developed links with a number of outside school community sports clubs, across a range of sports, so if your child is interested in joining a club or team for a particular sport, please see Mr. Collard or Mr. Wellington or visit the **Cambridge School Sports Partnership Website:**

<http://www.cambridgessp.com/clubs.php> which has a comprehensive list of local clubs, with contact details.

We are currently working on **further developing our links with community sports clubs** to enable our pupils to more easily access local clubs and sporting opportunities. If you have links to, or run a community sports club or activity, and would like to develop more formal links with St. Matthew's, please email Mr. Collard.

Young Sports Leaders

Our Year 6 Young Sports Leaders have already begun running sports activities for our younger children, during lunchtimes.

We have been recruiting and will be training some of our Year 5 children to become our next group of Sports leaders. If you require more information please contact Mr. Wellington:

mwellington@stmatthews.cambs.sch.uk

Swimming at Parkside Pools

This year we will, once again, be sending all of our children, **in Years1-5, for swimming lessons at Parkside Pools**, for a whole term. We have always shown a massive commitment into providing lessons for our children, above and beyond the minimum required. **We are the only school in the city who offer children below Year 3 swimming lessons on a regular basis.** We are also funding **three swimming teachers** at Parkside for every class lesson, to enable your children to be taught in small groups, suitable to their individual needs. By starting swimming lessons in Year 1 we are seeing a big increase in the number of our children who meet the National Curriculum target of being able to swim at least 25m by the end of Year 6. Our commitment to swimming is really providing our children with the best possible opportunity to learn to swim, develop different strokes and for our more competent swimmers, to develop deep water skills and water safety skills.

Year 3 & 4 classes are swimming **this term** (15 or 16/9/16 – 15 Or 16/12/16)

Year 5 classes will swim in the **Spring term** (13/1/17 – 24/3/17)

Year 1 & 2 classes will swim in the **Summer term** (27 or 28/4/17 – 13 or 14/7/16)

Our Year 6 classes no longer go swimming as a class. The impact of our swimming lessons has enabled most of our Year children to have met the end of KS2 requirements already. **Children in Year 6 who have not yet met this requirement will be offered 14 free swimming lessons at Parkside Pools**, to enable them to access extra lessons to help them reach this target (letters will be sent by Parkside pools).

All of our Year 6 children have been offered the opportunity to apply for a **FREE Better swimming pass**, to enable children to use a range of swimming pools for free for a whole year. If you sent your completed forms to school, these are now with Parkside Pools. They are currently producing the cards for the children and these are expected in the next two weeks. They will be valid for a full year from date of receipt.

Balanceability Bikes and training

As mentioned in my summer update, St. Matthew's have used some of our School sports Premium Grant to purchase ten balanceability bikes, helmets and teaching resources to allow us to carry out Stage 1 and Stage 2 Balanceability training in our Foundation Stage. All of our Foundation Stage teaching and support staff have been trained by the School Sports Partnership Balanceability instructors last term, to allow them to use our new bikes to teach the children in Foundation stage essential skills needed for riding a bike.



Balanceability is linked to the Foundation Stage Curriculum and is a two level programme with each level being delivered in 6 sessions of around 45mins. Throughout the programme children will develop:

Dynamic and static balance – children will feel more confident on a balance bike due to the ability to place their feet on the floor and also due to the fact that their centre of gravity is lower than on a pedal bike

Spatial awareness – children will learn to ride safely, with control around others and around obstacles

Gross motor skills – such as hopping, running, jumping and leaping. These skills will help to build the foundations on which they can build more complex movement patterns in other areas

Sensory motor skills – movement is a key part of every child's development and forms a vital part in facilitating exploration and discovery. Children will respond to sight, sound, touch and develop a kinaesthetic awareness during the sessions.

“Learning to ride a bike is one of life's milestones providing children with their first taste of mobile independence.”

Specific skills covered in the Level 1 course include: Manoeuvring the bike by themselves; Picking it up / putting it down safely; Mounting and dismounting the bike; Riding position; How to stop – using feet and brakes; Balancing; walking, running and jumping on the bike and Gliding

I am sure that you will agree that these skills, along with St. Matthew's extensive commitment to swimming lessons for all children in year 1-5, are essential life skills for your children. This investment is part of our long term strategy to allow us to sustain both Balanceability and Swimming in future years.

Parents of children in our Foundation Stage will receive more details about Balanceability from our Foundation team very soon.

School Sports Council

Our Year 5/6 Sports Council meets each week to organise and plan sporting activities across the school and to publicise clubs and activities to the younger children. The council is chaired by our **Bronze Sports ambassadors**: Luca McTaggart and Jasmine Pellegrini. The council have been planning and running sporting activities in Golden Time, for Year 2 and Year 3 children who wish to take part. This has been very popular and the sports vary each week to give the children the opportunity to try different sports. Please see link below for further details of the Cambridge School Sports Partnership (CSSP) leadership programmes:

<http://www.cambridgessp.com/leadership.php>

Cricket at St. Matthew's

We have been very fortunate that during the last ten years the England Cricket Board (ECB) have, through their '**Chance to Shine**' initiative, provided free Cricket coaching to our **Year 5 children**, in PE Curriculum lessons in the summer term. Further information:

<http://www.chancetoshine.org/> and <http://www.cambscricket.org.uk/page/youth-cricket/schools/chance-to-shine-4643/>

This year we will once again benefit from this scheme, and **Steve Taylor**, an excellent Cambs Cricket coach, will be teaching our Year 5 classes Kwik Cricket in the summer term (20th April 2017-25th May 2017). **Steve has recently been voted in the top ten cricket coaches in England**. He will also be running our popular Year 5 and 6 Kwik Cricket club after school. **Our Year 2 and year 4 classes will also receive curriculum Cricket lessons from Steve this year**. This initiative and the clubs have allowed our children to perform really well at the **Year 5 & 6 cricket festivals**, on Parker's Piece, each June, reaching the County Finals again this year..

Please look at this link to **Cambs Cricket Board** which gives details of local cricket clubs which accept Primary age children: http://cyca.playcricket.com/website/web_pages/208608

Sports Day 2017

Our annual school Sports Days will take place on **Parker's Piece** on **Thursday June 22nd 2017**. The Reception and KS1 events will take place in the morning (9.30-11.15) and our KS2 events will take place in the afternoon (1.30-3.15). This date and exact timings will be confirmed shortly. I will write in the spring term with further details of this event.

For parents who have not attended previous sports days or are new to St. Matthew's, there are photographs of Sports Day 2016 on our school website:

http://www.stmatthews.cambs.sch.uk/website/sports_day_2016/217283

Sport at St. Matthew's: school website

If you haven't yet discovered the sports section on our school website, please have a look. It contains details of all of our sporting clubs throughout the school year, sporting fixtures, reports, photographs and details of our school sports premium funding plans and reviews.

Sport at St. Matthew's:

http://www.stmatthews.cambs.sch.uk/website/st_matthews_sport/80226

Sports Clubs at St. Matthew's: see our range of sports clubs offered

http://www.stmatthews.cambs.sch.uk/website/clubs_and_activities_1/176964

Sports Updates: view previous sports updates

http://www.stmatthews.cambs.sch.uk/website/sport_updates/152466

Sports Day 2016:

http://www.stmatthews.cambs.sch.uk/website/june_2016/217282

School Sports Premium Spending plans:

http://www.stmatthews.cambs.sch.uk/storage/secure_download/OXBUUkluU3BsazJyNTVWVWEx2T1U5QT09

Sports Premium impact reports:

http://www.stmatthews.cambs.sch.uk/website/sport_premium_impact_reports/228326

I hope your child will enjoy the sports opportunities we are offering them this year, both in our Curriculum PE lessons, extra-curricular clubs, sports festivals and competitions, sports day, competitive matches, Intra-class competitions or by being a Sports Leader.

If you have any **comments, feedback or questions regarding any aspect of PE or Sport at St.Matthew's please contact me by email.** If you have any suggestions for new clubs you or your children would like us to offer please let me know and if you can offer coaching expertise in a sport and would like to discuss this further please contact me.

Thank you to everyone who is supporting us this year in enabling us to deliver such a comprehensive range of sporting opportunities for our children.

Yours sincerely,

Mick Collard

School Sports co-ordinator

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